

# User Guide Infyna Chic Catheters



1. Gather all equipment and prepare the area.
2. Wash your hands as advised by your healthcare practitioner.
3. Position yourself to carry out intermittent catheterisation. Manipulate your clothing to access your genitalia.
4. Spread the labia with two fingers of your non-dominant hand. If advised by your healthcare practitioner, cleanse around the area of the urethral opening and genitalia with your dominant hand, as you were trained.



5. Open the case by flipping up the cap, with your dominant hand, which breaks the seal. Leave the product in the case. NOTE: if seal is already broken, do not use the catheter

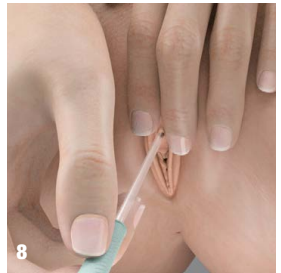
If you are using a collection bag accessory (not included), attach to the funnel end of the catheter. No need to remove catheter from the case.



6. Hold the case with your non-dominant hand and remove catheter from the case with your dominant hand, touching only the funnel.



7. Part the labia with two fingers of your non-dominant hand, and insert the catheter with your dominant hand into the urethral opening, until urine starts to flow.



8. Once urine flow has stopped slowly withdraw the catheter. If urine flows again, pause until urine stops. After you're sure the bladder is empty, remove the catheter completely.

Infyna Chic  
Intermittent Catheter



- To dispose, place catheter back inside case and close the cap. You may dispose in a waste bin immediately or later when it is more convenient. **DO NOT FLUSH DOWN TOILET.**
- Wash your hands.



Not made with natural rubber latex.

This product consists of: polyurethane sleeve, thermoplastic elastomer tip, and tubing not made with DEHP.

Indications and Intended Use: This intermittent catheter is a flexible tubular device that is inserted through the urethra by male, female and paediatric patients who need to drain urine from the bladder.

#### WARNINGS

Do not use if package is damaged or opened. To help reduce the potential for infection and/or other complications, do not reuse. If discomfort or any sign of trauma occurs, discontinue use immediately and consult your healthcare practitioner.

**Precautions:** Please consult your healthcare practitioner before using this product if any of the following conditions are present:

- Severed urethra
- Pronounced stricture
- Urethritis – inflammation of the urethra
- Epididymitis – inflammation of the epididymis (testicle tube)
- Unexplained urethral bleeding
- False passage
- Prostatitis – inflammation of the prostate gland

Self-catheterisation should follow the plan of care and advice given by your healthcare practitioner and be carried out only in accordance with the instructions for use provided. Because catheterisation frequency varies by person, the recommended frequency of your catheterisation should be provided by your healthcare practitioner. For any other questions about your catheterisation please contact your healthcare practitioner.

**NOTE:** Store boxes in a flat position and at normal room temperature.

Contact a healthcare practitioner for help with continence care products. In case of serious injury (incident) in relation to your use of the product, please contact your local distributor or manufacturer, and your local competent authority. For more information, see [www.hollister.com/authority](http://www.hollister.com/authority) or contact EC Rep or local distributor.

#### Hollister Limited

Building 1010, Winnersh Triangle Business Park, Eskdale Road,  
Winnersh, Wokingham RG41 5TS

For more information and to request **FREE** samples:

Tel: 0800 521 377 | Email: [samples.uk@hollister.com](mailto:samples.uk@hollister.com)

[www.hollister.co.uk](http://www.hollister.co.uk)



Scan to learn more about  
the Infynia Chic catheter